

"Celebrate Living Longer: From Awareness to Action"

2005 SUMMER SCHOOL OF GERONTOLOGY
Springmaid Beach, Myrtle Beach, South Carolina
August 21-26, 2005

SENIOR DAY, 2005

This year the special "Senior Day" will be held on **Wednesday, August 24, 2005**. On Senior Day, Seniors may visit the Exhibit Hall free of charge and attend a free Medicare presentation from 5 pm – 8 pm in the Exhibit Hall.

The following courses of interest to Seniors will also be available on Wednesday. Seniors may register for any of these they wish. Regular application and course fees will apply.

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| W33 | Physical Activities for the Older Adult | W42 | Coming to Terms with AIDS/HIV and Its Impact During the Golden Years: It's Never Too Late |
| W35 | Humor and Aging: Adopting an Attitude of Amusement | W43 | Nutrition Education for Seniors |
| W37 | Home Injury Prevention | W44 | Ten Keys to Smart Aging: Maintaining and Increasing Cognitive Abilities After Age 60 |
| W38 | Tools for Making Better Healthcare Decisions | W45 | Tips to Help Clients with Prescription Medication Assistance Programs |
| W40 | The Social & Emotional Meaning of "Home" for Older Adults | W46 | Dementia & Psychiatric Disorders: Which One or Both? |

Other courses of interest to Seniors are offered during the week and are listed below.

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| M06 | Long Term Care and Health Care Planning | TH47 | Identity Theft, Frauds, Scams and Cons: Hot to Protect Yourself |
| M11 | Naturally Healthy: Current Trends in Treating the Whole Person | TH52 | Overview of Social Security Benefits & Medicare Changes |
| M14 | Accessing Home Health Care Services | TH53 | Recognizing the Signs of Mental Illness |
| M14 | Understanding the Aging Process | TH54 | What If This Is It: Women's Wellness Workshop? |
| T21 | Healthy Eating to Control Diabetes, High Blood Pressure & Cholesterol | TH55 | Access to Community Resources |
| T26 | Psychological Disorders in Older Adulthood: Causes, Treatment & Prognoses | TH57 | Successful Management of Behaviors in Dementia |
| T27 | Motivating Positive Lifestyle Changes | TH58 | What's So Special About Medications in Older People? |
| T28 | Use of Forensic Science in Detecting Elder Neglect & Abuse | F62 | Ensuring Financial Security in Later Life |
| T29 | Clues to Solve the Mystery of Caregiver Stress | | |

Summer School of Gerontology is sponsored by the South Carolina Lieutenant Governor's Office on Aging and hosted this year by Springmaid Beach, Myrtle Beach, South Carolina. If you have questions or would like registration materials sent to you, you may contact Kay Mitchell via e-mail at mitchelk@aging.sc.gov or phone at (803) 734-9900. You may also visit our Web site at www.aging.sc.gov.